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Successful Models in Service Member and Family Support: How Land-Grant Universities and the Cooperative Extension System Partner with Military Components

*2011 DoD/USDA Family Resilience Conference
Chicago, IL*

28 April 2011



Overview

- Welcome
- NIFA Perspective
- Garrison-level Initiatives
- Air Force Mental Health and Research
- Army Family, Morale, Welfare and Rec Command
- Family Advocacy and Evidence-based Practices
- Wounded and Fallen Initiatives
- Q&A

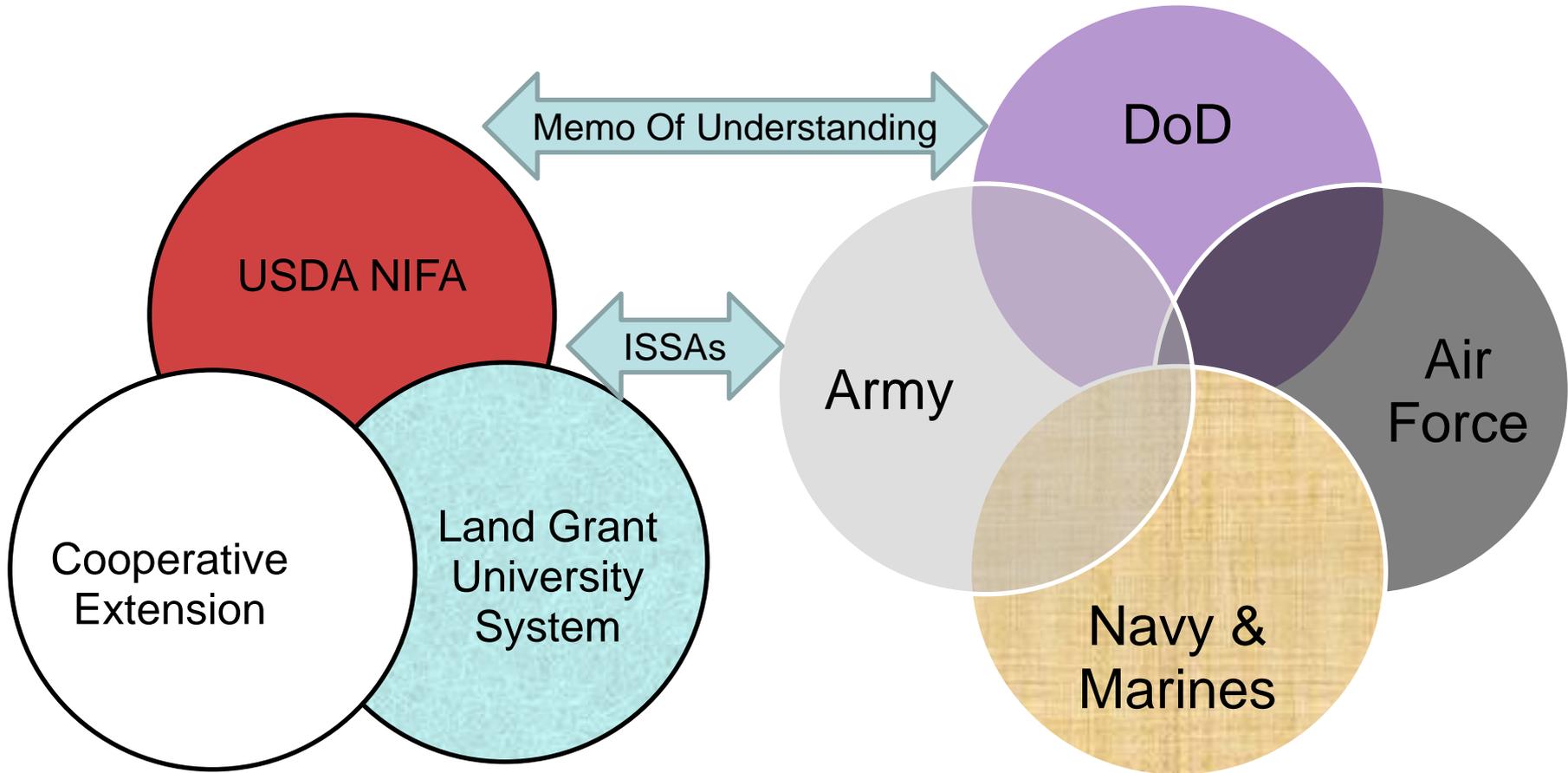


Why Partner?

- Changing needs of today's military
- Shared commitment and mission
- Capacity, credibility, & quality of the land-grant universities and Cooperative Extension



The NIFA Extension Military Partnership



Background

- Over 2 decades of partnering,
 - USDA NIFA (formerly CSREES)
 - Military Services
 - Office of the Secretary of Defense, &
 - Land Grant Universities (LGUs) and Cooperative Extension



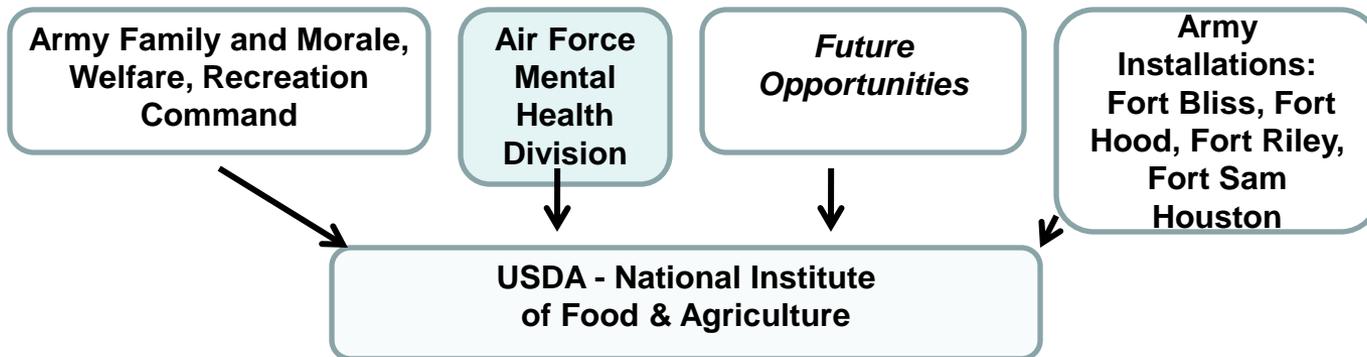
have entered into Interagency Service Support Agreements (ISSAs) to provide military Family and Consumer Sciences support, program evaluation, and research

Military Family & Consumer Sciences research and program examples

- Implementation and outcome evaluation studies
- Family Maltreatment Research
- Family Advocacy Program
- New Parent Support Program
- Substance Abuse Program
- Financial Readiness Program
- Exceptional Family Member Program
- Mobilization and Deployment
- Relocation Assistance Program
- Employment Readiness Program
- Army Family Action Program
- Warriors in Transition (Caregiver Assessments)
- Survivor Outreach Services



Military Family and Consumer Science Initiatives



Cornell University

- Army Family Advocacy Program (Army Wide)
- Army Evidence-based Practices (Army Wide)
- Exceptional Family Member Program
- Benchmark Study (Department of Defense)

K-State Extension

- Air Force Family Advocacy Training Support and Research Project (Air Force Wide)
- Military Life Skills Education Program (Ft. Riley, Kansas)

Texas AgriLIFE Extension

- Military Life Skills Education Program (Ft. Bliss)
- Military Life Skills Education (Ft. Hood)
- Substance Abuse Prevention (Ft. Sam Houston)
- Warriors in Transition (Army Wide)

University of Georgia

- Survivor Outreach Services (Army Wide)



Texas Initiatives

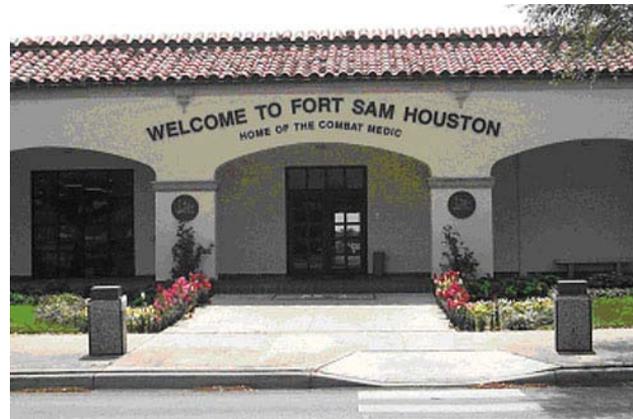
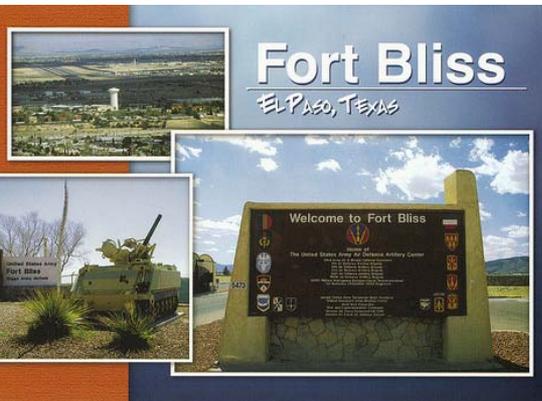
- InterService Support Agreements (ISSA)
 - Fort Bliss, Fort Hood and Fort Sam Houston
- Benefits To Military:
 - Flexibility
 - Trained Professional Staff to meet needs of Soldiers and Families
 - Regulations Met
 - Access to Entire Extension System of Specialists and Research-based materials

Texas Initiatives

- **Benefits to Extension**
 - Expanded Program Areas
 - New Audiences
- **How it Works**
 - General Supervision provided by Extension with input from Program Directors
 - Program Managers supervise program and provide direction and technical advice

Texas Initiatives

- The Keys to Success
 - Partnership
 - Mission: We are there for Soldiers and Family members



Improving Lives. Improving Texas.

Kansas State University Cooperative Extension and Fort Riley Garrison Collaboration

Paula Peters, PhD

Assistant Director, Family and Consumer
Sciences

K-State Research and Extension



History



- Signed MOU in February 2008
 - Fort Riley Expansion
 - Army Family Covenant
 - Serving military families an emphasis of the College of Human Ecology and KSRE
- Opened Extension Office on Post in Feb 2009
 - Funded through Fort Riley Garrison (via DOD/NIFA)
 - Modeled after collaboration in Texas



Educational Program

- Parenting
- Family communication
- Stress management
- Budgeting/money management
- Healthy eating and physical activity



Air Force Mental Health Division

- USAF FAP developed MOU with USDA in 1997.
- USDA awarded grants to Virginia Tech and now with Kansas State University to produce or subaward research, quality assurance, and training projects to assist USAF in delivering quality family violence prevention and treatment programs.



Sample USAF FAP Projects

1. Researchers at Northern Illinois University (NIU) are using AF maltreatment data collection system to answer current questions, e.g., “How does deployment impact maltreatment rates?”
2. Researchers at Stony Brook University are testing validity of definitions used by USAF in substantiating maltreatment definitions.
3. Researchers at KSU and NIU are developing a risk assessment instrument to be used throughout DoD to assist in managing risk for spousal maltreatment.



Future Projects

- Expanding research on engaging fathers.
- Expanding studies on deployment and family maltreatment.
- Developing a field trial of a manualized, evidence-based prevention program.
- Beginning research seeking to understand mental health stigma.
- Beginning research seeking to understand the social norms of alcohol use for airmen.





Army Family Morale, Welfare and Recreation Command

- A Master Memorandum of Understanding (MOU) in effect since 1986.
- 1991- Cornell University conducted critical longitudinal research & developed curricula for Army Community Service to use in Family support programs.
- 1994 - University of California and Texas Extension partnered to develop Operation READY (Resources for Educating About Deployment and You).
- 1995 – Base Realignment Quality of Life Study — Texas Extension

MILITARY PROJECTS: Evidence-Based Solutions For Military Families

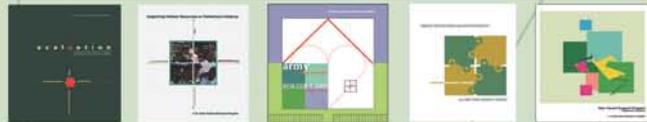
1992 1993 1994 1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005

STRONG SOLDIERS, STRONG FAMILIES

**FAMILY READINESS SUPPORTS
MISSION READINESS**

**REAL LIFE SOLUTIONS FOR
SUCCESSFUL ARMY LIVING**

U.S. Army Community Service, U.S. Army Family Advocacy Program, DoD Healthy Parenting Initiative, U.S. Marine Corps Family Advocacy Program, U.S. Army, U.S. National Guard, U.S. Army Reserve



FAMILY LIFE DEVELOPMENT CENTER, CORNELL UNIVERSITY



Cornell University

MILITARY PROJECTS: Evidence-Based Solutions For Military Families

2005

2006

2007

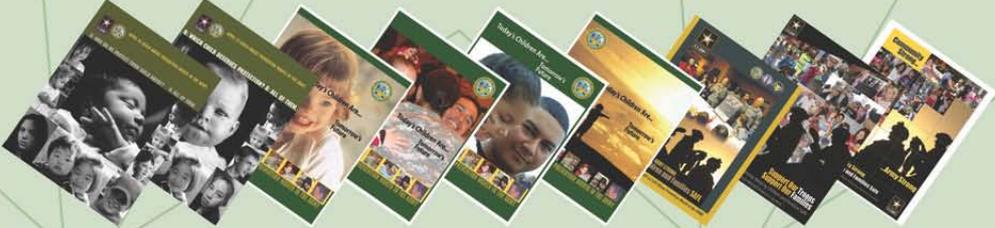
2008

STRONG SOLDIERS, STRONG FAMILIES

OPREADY: GETTING PREPARED, STAYING PREPARED

AIFSN: YOUR CONNECTION TO FAMILY PROGRAMS AND SERVICES

U.S. Army Community Service, U.S. Army Family Advocacy Program, DoD Healthy Parenting Initiative, U.S. Army, U.S. National Guard, U.S. Army Reserve



FAMILY LIFE DEVELOPMENT CENTER, CORNELL UNIVERSITY



Cornell University

MILITARY PROJECTS: Evidence-Based Solutions For Military Families

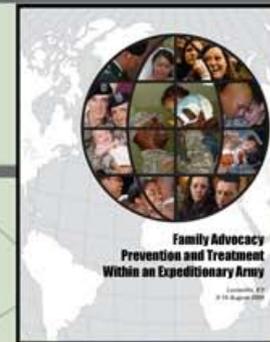
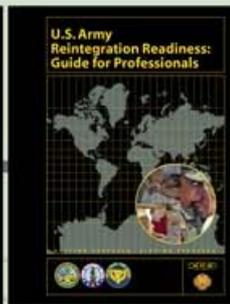
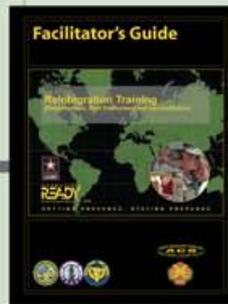
2009

STRONG SOLDIERS, STRONG FAMILIES



OPREADY: GETTING PREPARED, STAYING PREPARED

U.S. Army Community Service, U.S. Army Family Advocacy Program, DoD Healthy Parenting Initiative, U.S. Army, U.S. National Guard, U.S. Army Reserve



FAMILY LIFE DEVELOPMENT CENTER, CORNELL UNIVERSITY



Cornell University



Current US Army FMWRC Projects

- Family Advocacy Program
- Evidence-based Programming
- Warriors in Transition
- Survivor Outreach Services

Current Projects 2011

Research, Program Evaluation, Training, Technical Assistance

□ Research and Program Evaluation

- Conduct Army Community Service Needs Assessment Surveys for Installation Accreditation
- Conduct Army OneSource Community Service Coordinators Partnership Evaluation
- Conduct Benchmark Study for the DoD Office of Community Support for Military Families with Special Needs in partnership with the University of Kansas
- Provide Research Rationale for Evidence Based Programs and Practices for Army New Parent Support Home Visitors; Family Advocacy Program Managers and Prevention Staff
- Conduct Army Family Advocacy Program Outcome Study



Current Projects: 2011

Research, Program Evaluation, Training, Technical Assistance

□ Training and Technical Assistance

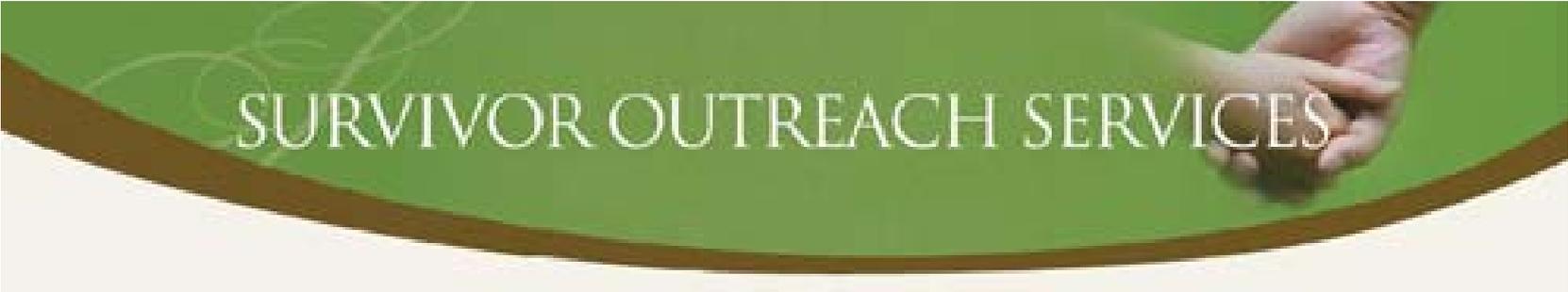
- Develop Domestic Abuse and Child Abuse Prevention Month Campaign Materials
- Develop Multi Media Curricula and Training Support Packages for
 - New Parent Support Home Visitors (computer based training CBT)
 - Family Advocacy Program Prevention Staff (computer based training CBT)
 - Army Family Team Building to Web 2.0 platform conversion
 - Operation Ready materials for Mobilization and Deployment



Texas Army-wide Initiative

- **Wounded Warrior Program**
 - Targets the Caregiver
 - Provide educational materials
 - Provide interactive, online training classes
 - Works with Soldier and Family Assistance Center staff
 - Tailored Caregiver Assessment & Referral Process (TCARE®)
 - Sub-award with University of Wisconsin-Milwaukee to adapt and support Wounded Warrior Caregivers





SURVIVOR OUTREACH SERVICES

Army Survivor Outreach Services Training and Technical Support

***Providing evidence-based support
for Survivors***



1785
The University of Georgia

Primary Project Goals

- Create support resources for Chaplains dealing with unresolved Survivor grief.
- Develop information resources for SOS Staff to enhance long-term support to Survivors.



1785

The University of Georgia

Primary Project Products

- Chaplain training modules (basic, advanced, online)
- SOS Program theoretical framework
- SOS practice guidance





Questions & Answers

- Please provide name and affiliation
- Direct question to a specific presenter



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NIFA

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