

CYFAR

SUPPORTS FOOD, NUTRITION AND FOOD SAFETY

The vision of the **USDA National Institute of Food and Agriculture's (NIFA) Children, Youth and Families at Risk (CYFAR)** grant program is a nation of strong, resilient families and communities in which children and young people lead positive, secure and happy lives while developing the skills, knowledge and competencies necessary for fulfilling, contributing adult lives. CYFAR is administered by the **Division of Youth and 4-H** in the **Institute of Youth, Family and Community**.

THROUGH CYFAR, NIFA HAS INVESTED APPROXIMATELY

 **\$26.6 MILLION** IN  **34 PROJECTS**

WITH THE GOAL OF SUPPORTING FOOD SAFETY AND THE EXPANSION OF KNOWLEDGE ABOUT FOOD AND NUTRITION



THESE PROJECTS INTEGRATE RESEARCH AND EDUCATION TO:



- Introduce youths to the value of exercise
- Involve parents in education programs about fitness and nutrition
- Introduce youths to gardening and plant science
- Improve youth fitness and nutrition habits

65%

of food-and nutrition-related projects specifically reported



YOUTHS' EXPANDED KNOWLEDGE ABOUT PROPER NUTRITION

9%

of food-and nutrition-related projects specifically reported



IMPROVED UNDERSTANDING OF HYGIENE AND PROPER FOOD PREPARATION METHODS

6%

of food-and nutrition-related projects specifically reported



IMPROVED KNOWLEDGE OF PROPER PHYSICAL FITNESS AND EXERCISE

LEARN MORE AT [NIFA.USDA.GOV/CYFAR](https://www.nifa.usda.gov/cyfar)